

Forget Me Not Foundation

Alaska Underage Drinking Interview 2011

Teenage alcohol use is of concern to many parents, teachers, and other community members. To learn more about this issue, the Forget Me Not Foundation is conducting an interview of Alaska's youth.

This questionnaire will be strictly confidential and anonymous. No names will appear anywhere on it. We are interested in group averages only and not in any particular individual's answers. Participation is, of course, voluntary.

In order to get a representative cross-section of our youth, it's important to interview a wide range of teens. Alaska's youth are important to this study whether he/she drinks or not.

Forget Me Not Foundation will use the information from this interview to change policy, obtain needed resources, and draw attention to the problem of underage alcohol and drug use. We will try to raise awareness in every community in Alaska. The results will also be published in our new book, *Soul Shaking Grief for Teens*.

Because we feel that alcohol is by far the drug of choice among youth, and because alcohol use produces the preponderance of drug-related problems and injuries for this age group, the primary focus of this interview is drinking, drinking problems, drinking contexts, alcohol availability and alcohol expectancies. Just what are young people's expectations, both positive and negative, about the consequences of drinking?

What we mean by "Alcoholic Beverage" -

For this interview, the term "alcoholic beverage" includes any of the following:

- ü Beer, light beers, ale and malt liquor.
- ü Wine, all table wines as well as champagne, sherry, vermouth, port and fortified wines.
- ü Wine coolers or any drink made by combining wine with a nonalcoholic mixer such as 7up or seltzer water. Flavored malt such as Zima and hard (alcoholic) ciders are also included in this category.
- ü Liquor (such as scotch, bourbon, rum, gin, vodka, brandy, cognac, tequila, and liqueurs such as Kahlua, crème de Menthe, etc.)
- ü Mixed drinks containing liquor (such as martinis, manhattans, screwdrivers, gin and tonic, Bloody Mary, etc.).

Please remember that one drink is equivalent to a 12-ounce beer, a 5-ounce glass of wine, or a drink with one 1.5-oz shot of liquor (straight or mixed).

Interview Questions

1. Have you **ever** had a **drink** (not just a sip or taste)? _____ Yes _____ No

2. In **the past 12 months**, how often have you had a drink?

- | | How Many? |
|---|-----------|
| a. _____ Not At All | _____ |
| b. _____ 1-2 Times in the Past 12 Months | _____ |
| c. _____ 3-5 Times in the Past 12 Months | _____ |
| d. _____ 6-10 Times in the Past 12 Months | _____ |
| e. _____ About Once a Month | _____ |
| f. _____ 2-3 Times a Month | _____ |
| g. _____ 1-2 Times a Month | _____ |
| h. _____ Several Times a Week | _____ |
| i. _____ Every Day | _____ |

3. On the average, about how often did you **have one or more drinks** of each of the following alcoholic beverages during **the Past 12 Months**?

Please enter a # from the list below to answer the question.

- | | |
|---------------------------|------------------------|
| a. _____ Beer/Malt Liquor | How many drinks? _____ |
| b. _____ Wine | How many drinks? _____ |
| c. _____ Wine Cooler | How many drinks? _____ |
| d. _____ Liquor | How many drinks? _____ |

#1 = Not At All

#2 = 1-2 Times in the Past 12 Months

#3 = 3-5 Times in the Past 12 Months

#4 = 6-10 Times in the Past 12 Months

#5 = About Once A Month

#6 = 2-3 Times A Month

#7 = 1-2 Times A Week

#8 = Several Times A Week

#9 = Every Day

4. On how many days in the **Past 12 Months** have you **felt drunk or buzzed**?

- | | |
|-------------------|----------------------------|
| a. _____ None | f. _____ 9-10 days |
| b. _____ 1-2 Days | g. _____ 11-12 days |
| c. _____ 3-4 Days | h. _____ 13-15 days |
| d. _____ 5-6 Days | i. _____ 16-20 days |
| e. _____ 7-8 Days | j. _____ More than 20 days |

5. In the **past 30 days**, how often have you had **one or more drinks**?

- | | |
|-------------------|----------------------------|
| a. _____ None | f. _____ 9-10 days |
| b. _____ 1-2 Days | g. _____ 11-12 days |
| c. _____ 3-4 Days | h. _____ 13-15 days |
| d. _____ 5-6 Days | i. _____ 16-20 days |
| e. _____ 7-8 Days | j. _____ More than 20 days |

6. On how many days in the **past 30 days** have you felt drunk or buzzed?

- a. _____ None
- b. _____ 1-2 Days
- c. _____ 3-4 Days
- d. _____ 5-6 Days
- e. _____ 7-8 Days
- f. _____ 9=10 Days
- g. _____ 11-12 Days
- h. _____ More Than 12 Days

7. Consider the **last day** you had a drink of beer, wine, wine cooler, or liquor. Where were you when you drank? (If you have never had a drink, please answer "NO" for each.)

On the Last Day I had Alcohol, I drank.....

- | | | |
|--|-----------|----------|
| a. At my home | _____ Yes | _____ No |
| b. At someone elses home | _____ Yes | _____ No |
| c. Out on the Street | _____ Yes | _____ No |
| d. On School Grounds | _____ Yes | _____ No |
| e. At A Sporting Event (Not School) | _____ Yes | _____ No |
| f. At a Public Park, Beach, other open area | _____ Yes | _____ No |
| g. At a Hotel/Motel | _____ Yes | _____ No |
| h. At a Bar or Pub | _____ Yes | _____ No |
| i. At a Night Club | _____ Yes | _____ No |
| j. At a Restaurant | _____ Yes | _____ No |
| k. At Work | _____ Yes | _____ No |
| l. In an Empty Building or a Construction Site | _____ Yes | _____ No |
| m. In a Car | _____ Yes | _____ No |

8. How often in **the Past 12 months** have you.....

- | | Never | 2-3
Once Times | 4-5
Times | 6-9
Times | 10/more
Times |
|--|-------|-------------------|--------------|--------------|------------------|
| a. Missed School or Class
Because of Drinking? | _____ | _____ | _____ | _____ | _____ |
| b. Been Sick to your Stomach
Because of Drinking? | _____ | _____ | _____ | _____ | _____ |
| c. Been Drunk while
At School? | _____ | _____ | _____ | _____ | _____ |
| d. Not been able to
Remember what
Happened while you
were drinking? | _____ | _____ | _____ | _____ | _____ |
| e. Passed out while drinking? | _____ | _____ | _____ | _____ | _____ |
| f. Had a hangover? | _____ | _____ | _____ | _____ | _____ |
| g. Later regretted something
You did while drinking? | _____ | _____ | _____ | _____ | _____ |
| h. Gotten into trouble with
Your parents for drinking? | _____ | _____ | _____ | _____ | _____ |
| i. Worried that you drank too
much or too often? | _____ | _____ | _____ | _____ | _____ |

9. How often in the **Past 12 Months** did you.....

	Never	Once	2-3	4-5	6-9	10/more
	Times	Times	Times	Times	Times	Times
a. Drive a Car, Truck Motorcycle within an Hour of having one Or more drinks of any Alcoholic beverage?	___	___	___	___	___	___
b. Ride with a driver Who you thought Might have had too Much to drink to Drive safely?	___	___	___	___	___	___

10. How easy or difficult do you think it would be for you to **get each** of the following?

	Very Difficult	Difficult	Easy	Very Easy
a. Beer	___	___	___	___
b. Wine	___	___	___	___
c. Wine Cooler	___	___	___	___
d. Liquor	___	___	___	___

11. If you wanted to, how easy or difficult would it be for you to get beer, wine, wine cooler, or liquor **from home without your parents knowing it?**

- a. ___ No Alcohol in my home
- b. ___ Very Difficult
- c. ___ Difficult
- d. ___ Easy
- e. ___ Very Easy

12. If you wanted to, how easy or difficult would it be for you **to get someone you know who was over 21 years old to buy alcohol for you?**

- a. ___ Very Difficult
- b. ___ Difficult
- c. ___ Easy
- d. ___ Very Easy

13. How many stores do you know of that would **sell you alcohol without asking you for ID or proof of age?**

- a. _____ None
- b. _____ One or Two
- c. _____ Three to Six
- d. _____ More than Six

14. How likely or unlikely do you think it is that **you would get caught by the police if you tried to buy alcohol?**

- a. _____ Very Likely
- b. _____ Likely
- c. _____ Unlikely
- d. _____ Very Unlikely

15. Thinking about **the last time** you had at least one alcoholic drink, **how did you get the alcoholic beverage at that time?**

- | | <u>Yes</u> | <u>No</u> |
|---|------------|-----------|
| a. I bought it myself with a fake ID | _____ | _____ |
| b. I bought it myself without a fake ID | _____ | _____ |
| c. I got it from someone I know aged 21 or older | _____ | _____ |
| d. I got it from someone I know under age 21 | _____ | _____ |
| e. I got it from a brother or sister over 21 | _____ | _____ |
| f. I got it from a brother or sister under 21 | _____ | _____ |
| g. I got it from home with my parents permission | _____ | _____ |
| h. I got it from home without my parents permission | _____ | _____ |
| i. I got it from another relative | _____ | _____ |

16. How often have you gone to a keg party or "Kegger" in the past 12 months?

- a. _____ None
- b. _____ 1-2 Times
- c. _____ 3-4 Times
- d. _____ 5-6 Times
- e. _____ 7-8 Times
- f. _____ 9-10 Times _____ More than 10 times?

Thinking about the last "Kegger" you went to, who supplied the keg?

17. Do you Binge Drink? (5 or more drinks in a row for a man, 4 or more drinks in a row for a woman in less than two hours) _____ Yes _____ No

18. How wrong do your parents feel it would be for you to drink beer, wine, wine cooler or liquor on a regular basis (or at least once or twice a month)?

- a. _____ Not wrong at all
- b. _____ A little bit wrong
- c. _____ Wrong
- d. _____ Very Wrong

19. Has anyone in your family ever had an alcohol or drug problem?

- a. _____ No
- b. _____ Yes

20. How often in the past 12 months have your parents talked with you about...

	1-2	3-4	5-6	6/more
Never	Times	Times	Times	Times

- | | | | | |
|--|-------|-------|-------|-------|
| a. Not Drinking Alcohol? | _____ | _____ | _____ | _____ |
| b. Not Driving After Drinking? | _____ | _____ | _____ | _____ |
| c. Not Riding with a Driver Who had been Drinking? | _____ | _____ | _____ | _____ |
| d. Not going to Parties where Alcohol is served? | _____ | _____ | _____ | _____ |

21. In your opinion, how likely or unlikely is it that each of the following things would happen to you personally if you were to drink 3-4 drinks of an alcoholic beverage.

_____ Never had a drink

- | | Very Likely | Very Unlikely |
|--|-------------|---------------|
| a. Feel Relaxed? | _____ | _____ |
| b. Get into trouble with the Police? | _____ | _____ |
| c. Feel more confident or sure of yourself? | _____ | _____ |
| d. Harm your Health? | _____ | _____ |
| e. Feel Happy/have fun? | _____ | _____ |
| f. Have a Hangover? | _____ | _____ |
| g. Have an easier time expressing your feelings? | _____ | _____ |
| h. Do something you'd regret? | _____ | _____ |
| i. Feel sick to your stomach? | _____ | _____ |
| j. Feel more friendly or outgoing? | _____ | _____ |
| k. Get into trouble with your parents? | _____ | _____ |
| l. Feel out of control? | _____ | _____ |
| m. Get into fist fights or shoving matches? | _____ | _____ |

22. Please answer the following questions about your experience with underage drinking.

Have you experienced **legal consequences** because of underage drinking? Yes No

Do you know someone who has experienced legal consequences because of underage drinking? Yes No

23. If a youth under 21 is caught drinking, which of the following do you feel is the most appropriate punishment?

- a. None
- b. \$500 fine
- c. 20 hours of community service
- d. Drivers license suspended for one year
- e. Other (please specify) _____

24. Stiffer punishments for youth under 21 who are caught drinking will discourage them from getting alcohol. Agree Disagree

25. Adults who give alcohol to youth under 21 (other than their own children) or allow youth under 21 to drink on their property should...

- a. receive no legal punishment Agree Disagree
- b. participate in an alcohol counseling program. Agree Disagree
- c. receive a fine Agree Disagree
- d. get arrested and sentenced to jail Agree Disagree

26. Are you in favor of.....

- a. Lowering the minimum drinking age from 21 to 19? Yes No

27. What is your gender? Male Female

28. How old are you? _____ years old

29. What is your zip code? _____

30. What grade are you in now? _____

31. What racial or ethnic group best describes you? More than one category may be checked.

- a. American Indian, Native American, or Alaska Native
- b. Filipino
- c. Asian American
- d. Black, African American
- e. Latino, Hispanic
- f. Native Hawaiian or other Pacific Islander
- g. White or Caucasian
- h. Other (please describe _____)

32. What is the **highest level of education your father** completed? (If you have had stepparents or other guardians, please think of the ones you have lived with most of the time.)

- a. _____ Less than eighth grade
- b. _____ Eighth grade
- c. _____ Some High School
- d. _____ High School Graduate or GED
- e. _____ Technical, Vocational, or Trade School
- f. _____ Some College
- g. _____ Junior College Graduate (A.A.)
- h. _____ College Graduate (B.A. or B.S.)
- i. _____ Graduate or Professional School After College
- j. _____ No Father or Stepfather
- k. _____ Don't know

33. What is the **highest level of education your mother** completed? (If you have had stepparents or other guardians, please think of the ones you have lived with most of the time.)

- a. _____ Less than eighth grade
- b. _____ Eighth grade
- c. _____ Some High School
- d. _____ High School Graduate or GED
- e. _____ Technical, Vocational, or Trade School
- f. _____ Some College
- g. _____ Junior College Graduate (A.A.)
- h. _____ College Graduate (B.A. or B.S.)
- i. _____ Graduate or Professional School After College
- j. _____ No Mother or Stepmother
- k. _____ Don't know

Thank you very much for your time and truthfulness in answering these questions.